

## For Those Diagnosed with COVID-19

## Flow After Having Tested Positive

## High-risk individuals

Those who fall under any of the following categories, numbered ① through ④.

- ① Those who are 65 years old or older
- ② Those requiring hospitalization
- ③ Those who are at the risk of becoming seriously ill and whose doctor determines that administration of COVID-19 medicine or oxygen is necessary
- ④ Pregnant women

The health center will check the patient's health condition over the phone, as well as coordinate and decide where the patient will stay.

During the isolation period, please stay at the site determined by the health center.

## Low-risk individuals

Those who do not fall under any of the categories on the left, numbered ① through ④.

Information on self-isolation will be sent via SMS (Short Message Service).

During the isolation period, please stay at the site of your choice (including Gifu Prefecture's accommodation facilities)

If you wish to stay at the accommodation facilities provided by Gifu Prefecture, and/or if your health condition worsens, please consult by phone at the Health Follow-up Center for Those Tested Positive.

TEL : 050-3613-9615

## How the isolation Period is Determined (Guideline)

**The minimum duration of isolation is 7 days from the onset of disease.**

The isolation will be terminated from Day 8 when 7 days have elapsed since the onset date and 24 hours have elapsed since the symptoms have resolved.

EX 1

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Disease Onset	Test Positive		Symptoms resolved				Isolation ends	Return to daily life ※

24 hours

※ Please take thorough voluntary infection prevention measures until 10 days after the disease onset.

○ **What are voluntary infection prevention measures?** : Check your own health condition, wear masks, avoid places with a high risk of infection and eating out, etc.

**Your isolation period (guideline) Onset Date :**    /    /

**End of isolation Date :**    /    /

Please fill out by yourself. (Write the date of specimen collection in cases where you have no symptoms)

Distribution Date :    /    /

Name of the Medical Institution :

## Points to Note.

### **① Please take infection measures while you are at your site of isolation.**

#### **Points to note at your site of treatment**

1. Separate your room from others.
2. Number of your caregivers should be limited.
3. Wear masks when in contact with others.
4. Wash your hands.
5. Ventilate frequently during the daytime.
6. Disinfect door handles, knobs, and other shared items.

### **② Travel companions who were in close contact with the you are also requested to be isolation.**

Travel companions who have engaged in the following activities with you within two days before the onset of your disease may have been in close contact.

- Ate or smoked together
- Talked for more than 15 minutes without wearing a mask properly at a distance that was within hand's reach.
- Spent a lot of time together in a poorly ventilated space (car rides, meetings in a small room, etc.)

Travel companions who fall under the above categories should arrange isolation places on their own and stay there for 5 days as a principle, starting from the following day on which they last had contact with you.

### **③ If travel companions have a fever or other symptoms**

If travel companions who were in close contact have symptoms such as fever, please ask them to call the nearest medical institution for examination and treatment.

If you do not know which medical institution to visit, please click here. →



## Isolation Booklets

A summary of points to keep in mind when undergoing the isolation is provided. Please read it carefully before you start your isolation.

### **【Home Isolation Booklet】**



For high-risk individuals.  
(refer to the front page of leaflet)



For low-risk individuals  
(refer to the front page of leaflet)

### **【Accommodation Treatment Booklet】**

